

AI CREATIVE OS • BLUEPRINT

THE UNBOTHERED CAROUSEL BLUEPRINT

The exact 5-step system I use to make before/after "that's okay, my agents handle it" carousels with AI — character, panels, captions, and the comment-to-DM funnel. Prompts included.

STEAL MY EXACT PROMPTS INSIDE →

@AICREATIVEOS • [SKOOL.COM/AICREATIVEOS](https://skool.com/aicreativeos)

THE 5-STEP SYSTEM

This is the "emotionally-mature" meme format turned into a content-marketing weapon: **a relatable creator pain up top, and calm you (with your AI agents) as the reframe below.** It stops the scroll because it's a feeling first, a pitch second. Here's the whole build.

1

WRITE 4 PAINS + CALM REFRAMES

List four things that stress creators. For each, write the calm one-liner where an AI agent handles it. Formula: "[Pain]?" → "That's Okay. [Agent] Handles It Now."

Posting every day alone?	→ My agents post for me now.
No time to make reels?	→ They made ten while I slept.
Comments & DMs piling up?	→ The inbox agent replies.
Out of content ideas?	→ The trend agent never sleeps.

2

TURN ONE SELFIE INTO A COMIC CHARACTER

Feed one clear photo of your face to an image model (Nano Banana / Gemini) and lock a consistent comic version. Generate a "hero" first, then reuse it as a reference for every panel so your face and outfit stay identical.

Comic book graphic novel illustration, bold clean ink linework, cel shading, cinematic lighting, webtoon/manhwa style. A comic version of the man in the reference photo: [your look] + a signature outfit (e.g. black cap + black suit). Confident calm expression. Keep face consistent.

3

GENERATE THE PANELS (TOP + BOTTOM)

Top panel: you stressed, doing the work manually. **Bottom panel:** calm you + a thought-bubble showing the AI outcome. Reference your hero image + face in every generation.

TOP:	He looks stressed, hunched over a laptop at night, sticky notes everywhere, rubbing his forehead.
BOT:	He leans back calm with a slight smile, and above him a large comic thought-bubble cloud shows [the agent outcome], soft glow. No text.

Tip: say "a large comic thought-bubble cloud showing X" – the model draws it in cleanly.

ASSEMBLE & SHIP

4

STACK + ADD THE BOLD CAPTIONS

Each slide = **1080 × 1350**. Stack the two panels with a thin dark gap. Caption style = white text, **thick dark outline** (8-way text-shadow), centered — top caption = the pain question, bottom caption = the calm reframe with one word highlighted. Add a **slide x/5** pill and your @handle.

```
font: bold sans (Barlow 800). color:#fff.  
text-shadow: 8-way #0a0a0a outline + soft drop shadow.  
top caption ~y470    ·    bottom caption ~y1150    ·    x/5 pill top-right
```

5

FUNNEL + POST

Make slide 5 the CTA: relaxed you + a bold **COMMENT "[WORD]"** slab. Then wire a comment-to-DM automation: the keyword auto-sends this blueprint + your community link, plus a 20-hour follow-up nudge. Post as an IG carousel and a TikTok photo draft.

Keyword ideas: CALM, BLUEPRINT, AGENTS. Deliver value in the DM before you pitch.

WANT THE AGENTS THAT **DO ALL OF THIS?**

Inside AI Creative OS I teach the whole content system — the agents that write, design, post, and reply — with the prompts and templates. New drops weekly. Come build your calm.